

Services offered

Individual psychotherapy

Classical Behaviour Therapy

Cognitive Therapy

CBT

Client-centred insight psychotherapy

Individual psycho-diagnostics

Problem analysis

Formal neuropsychology

Business consultation

Behavioural problems or related to sick leave

Teaching and training on psychological subjects

Individual supervision

Drs. C.A.J. Meesters

I studied Clinical and Organisational Psychology and Medicine at the State University of Groningen (NL), obtaining my doctorate in 1979. I am fully accredited by the British Psychological Society as a Chartered Psychologist and Neuropsychologist.

I have worked in the Netherlands, Germany and the UK. In the past I have worked in the NHS for 17 years, offering a mixed package of psychotherapy, consultancy and neuropsychology.

I can offer services in English, Dutch, German and French. I have additional (but basic) knowledge of Spanish and Italian.

Services are offered to individual adults and solely with full consent of the index client. All consultations are strictly confidential between client and psychologist. I adhere to the BPS Code of Conduct and will disclose details only in exceptional cases and according to this Code.